GASTROENTEROLOGY HEALTHCARE ASSOCIATES, P.C.

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PLEASE PREREGISTER BY PHONE AT 617-243-6122 or online at www.nwh.org

LOWER/ RECTAL ENDOSCOPIC ULTRASOUND

Purchase from pharmacy (no prescription required): One Fleet Enema

DAY BEFORE PROCEDURE
PREPARATION:

Eat your usual breakfast and lunch.

Have only clear liquids for dinner (clear liquids consists of cranberry or apple juice, bouillon, black tea or black coffee, ice water, Jello, alcoholic beverages in moderation). DO NOT CONSUME MILK, MILK PRODUCTS OR ORANGE JUICE WITH PULP.

DAY OF PROCEDURE :

Clear liquids only for breakfast

Fleet enema at least 2 hours before the scheduled examination

Attempt to eliminate before coming to the GI Department on the day of the exam

Report to the GI unit at Newton Wellesley Hospital

On_____at_____for a _____procedure