

Esophageal Manometry and pH/impedance Study (off PPIs)

The following instructions will help you prepare for your esophageal manometry and pH/impedance study (off PPIs). **Please read all instructions in this packet at least 1 week prior to your procedure.**

Date: _____ Procedure time: _____ Arrival time: _____
Location: Newton Wellesley Hospital at 2014 Washington St, Newton
Enter through the Surgical Center/East Entrance, proceed to GI registration desk.

Transportation

- This procedure is done without sedation. As such, you do not need a ride home for this procedure.

Cancellation/No Show Policy for Procedures

- Scheduling time for procedures requires planning and coordination between the staff, doctors, and the hospital. Since the schedule is often carefully planned to avoid delays and having patients taken care of in a timely fashion, it is important that you adhere to the schedule as arranged. Should you need to reschedule or cancel, please do so at least 7 days prior to procedure.
- If you have your menstrual period, the exam will not be affected. However, if you have a fever, please call the office to reschedule.
- If a procedure is not cancelled **at least 7 days in advance**, you will be charged a one-hundred-dollar (\$100) fee. This fee is NOT covered by your insurance company.

Medication Concerns

- Do not take **proton pump inhibitors (PPIs)** such as dexlansoprazole (Dexilant), esomeprazole (Nexium), lansoprazole (Prevacid), omeprazole (Prilosec), pantoprazole (Protonix), or rabeprazole (Aciphex) 7 days before and 4 days after the procedure.
- Do not take **H2 receptor antagonists (H2RAs)** such as cimetidine (Tagamet), famotidine (Pepcid, Zantac 360°), and nizatidine (Axid) 3 days before and 4 days after the procedure.

Preparation Instructions

Morning of procedure

- You may have clear liquids until 5 hours before your procedure.
- Clear liquids include water, fruit juices without pulp (apple or white grape juice), carbonated drinks (ginger ale, seltzer, sodas), gelatin, tea or coffee (without milk or cream), sports drinks, fat-free broth, bouillon, frozen juice popsicles.
- **Finish clear liquids at least 5 hours before procedure.**