

Anorectal Manometry Instructions

The following instructions will help you prepare for your anorectal manometry. **Please read all instructions in this packet at least 1 week prior to your procedure.**

Date: _____ Procedure time: _____ Arrival time: _____
Location: Newton Wellesley Hospital at 2014 Washington St, Newton
Enter through the Surgical Center/East Entrance, proceed to GI registration desk.

Transportation

- This procedure is done without sedation. As such, you do not need a ride home for this procedure.

Cancellation/No Show Policy for Procedures

- Scheduling time for procedures requires planning and coordination between the staff, doctors, and the hospital. Since the schedule is often carefully planned to avoid delays and having patients taken care of in a timely fashion, it is important that you adhere to the schedule as arranged. Should you need to reschedule or cancel, please do so at least 7 days prior to procedure.
- If you have your menstrual period, the exam will not be affected. However, if you have a fever, please call the office to reschedule.
- If a procedure is not cancelled **at least 7 days in advance**, you will be charged a one-hundred-dollar (**\$100**) fee. This fee is NOT covered by your insurance company.

Medication Concerns

- You may take your morning medications normally.

Preparation Instructions

Morning of procedure

- You may eat normally on the day of the procedure.
- Administer 1 fleet enema or 2 tap water enemas at least 2 hours before your scheduled procedure time.
- If there is a large amount of solid or semi-solid stool present after initial enema(s), you should administer an additional tap water enema.